

SEEK MEDICAL CARE IF:



have a **cough**



have a **fever**



have **difficulty breathing**

**Spread the word.
Not the coronavirus.**

AVOID SHAKING HANDS



Greet with a wave, an elbow bump or a footshake



**Spread the word.
Not the coronavirus.**

WASH YOUR HANDS FREQUENTLY AND THOROUGHLY



Use soap and water and wash hands for 20-30 seconds



Rinse hands with water



Use a single-use paper towel to turn off tap



Dry hands with a single-use paper towel and dispose of in a bin

**Spread the word.
Not the coronavirus.**



PLPGROUP